

Running Club and Cross Country Liability Waiver and Permission Form

Discovery Charter School will host an after school running club (hereinafter the "Running Club") every Tuesday and Thursday for children enrolled in grades K - 8. Children enrolled in grades K - 2 **must** have a parent present at all practices. Students will take part in a variety of running and stretching exercises each day. Running is a strenuous activity that may include risks such as, but not limited to, physical exertion, falls and contact with other students. I hereby expressly assume all risks, including personal injury and fatality, arising out of my child's participation in the Running Club and related activities.

It is my responsibility to ensure that my child's clothing and equipment are properly fitted and appropriate for use in the Running Club. I represent and warrant that my child is physically fit and able to participate in the Running Club. I will instruct my child to stop and request assistance if he/she experiences symptoms such as, but not limited to, dizziness, excessive fatigue, shortness of breath, pain or any other conditions that would make it difficult or unsafe to continue.

On behalf of myself and my heirs, executors and administrators, I hereby waive, release, forever discharge, and covenant not to sue Discovery Charter School, its affiliated entities, and its agents, affiliates, directors, volunteers and employees, as well as any and all sponsors of the Running Club, with respect to any and all loss, damage, injuries, death, claims, demands, lawsuits, expenses and any other liability of any kind directly or indirectly arising out of or in connection with my or my child's participation in the Running Club, whether it results from negligence or any other cause.

I will indemnify and hold harmless Discovery Charter School, its affiliated entities, and its agents and employees from any and all claims arising out of or in connection with my participation in the Running Club.

I further acknowledge that these activities will be hosted off school grounds. I understand that it is my responsibility to pick up my child after such practices according to the schedule provided.

Parent/Guardian's Printed Name

Signature

Date

Student's Printed Name

Classroom Teacher Name

Grade

Parent Phone Number

Parent Email Address

