

Chesterton Elementary Wrestling League teaches that hard work can be fun and builds on fundamentals while improving strength, conditioning, and self-confidence while introducing the fundamentals of wrestling!

WHO: Any boy or girl, any ability level, currently in the Duneland

School district K-6<sup>th</sup> grade

WHEN: 1st practice October 29th, 2018 5:45-7:00

Two practices per week running through December, including Friendship meets with

surrounding schools

WHERE: CHS Field House

## **REGISTER NOW AT:**

http://chestertonwrestlingclub.com/index.php

Check out our facebook group page: Chesterton(CWC)Wrestling CLUB

COST: \$60.00 Wrestling Club fee

\$40.00 USAW purchase prior to registration at

https://www.usamembership.com/login

TOTAL: \$100.00